

Labyrinth Walk for Peace

Every 1st May people across the planet walk a labyrinth at 1pm for peace. Join this wave of intention during the whole month of May as you walk this labyrinth



To walk a labyrinth is to step into an ancient space for the soul. Take a moment to unburden yourself of expectation. Become aware of the present moment, then ...

walking in, breath out what you needn't carry just now; awoken to your need for peace within

in the centre, be attentive to the stillness... to the possibility of peace within and across the planet

as you return along the same path, begin to take the experience of your walk into your life